



BodyMotiv8

Physical therapy and fitness

Physiotherapy
Advanced Sports Therapy
Sports Injury Rehabilitation
Sports Massage
Advanced Remedial Massage
Chiroprody
Acupuncture
Postural Assessment and Correction
Pediatrics
Stress Management
Relaxation Exercises

Special Offers

Buy a block of 5 sessions
at the loyalty rate

Introduce a Friend or Family
and receive 20% off your next
appointment and your friend
receives the same

Students and over 60's
receive loyalty rates

Loyalty rate applies after
5 sessions

Discounted Personal Training
for therapy clients

Gift Vouchers available at
loyalty rate

Duration	Rate	Loyalty
30 min	£25.00	£22.00
45 min	£35.00	£32.00
60 min	£40.00	£36.00



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www.bodymotiv8.co.uk



BodyMotiv8

Physical therapy and fitness

Personal Training

Injury Exercise Rehabilitation

One 2 One Private Gym Session

Sports Strength and Conditioning

Group Training

Nutrition Advice / Diet Plans

Fitness / Weight Loss Boot Camps

Corporate Events

Home Training

Buddy Training

(share the cost with a friend)

Special Offers

Introduce a Friend or Family and receive a FREE training session or therapy treatment

Students and over 60's receive Discount rates

Discounted therapy for all PT clients

Duration	Rate	Discount	5	10
60 min	£40.00	£35/£30	£175	£300
45 min	£35.00	£28/£26	£140	£260
30 min	£25.00	£20/£18	£100	£180



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